# Wild about wetlands

n 2 February South Africa joins the world to celebrate World Wetlands Day. This is the day that the Ramsar Convention was signed for the first time back in 1971 when several countries promised to take care of their wetlands. This year's theme is 'Wetlands and agriculture: partners for growth'.

Lid

WATER

Why this theme? People have been using wetlands for thousands of years to plant their crops and graze their animals – think of the ancient Egyptians using the Nile floodplain, for example. Today, around 2.5 billion people depend directly

## What is Ramsar?

The Convention on Wetlands of International Importance, called the Ramsar Convention, is an intergovernmental treaty that provides the framework for national action and international cooperation for the cooperation for the conservation and wise use of wetlands. South Africa is currently one of 168 signatories to the convention. on agriculture, forestry, fishing and hunting for their livelihoods. Agriculture is also an important economic activity, providing important income and jobs in many countries, including South Africa.

Wetlands provide food and other agricultural products, such as fuel and fibre directly through agricultural production activities that take place in them, such as rice paddies, coastal grazing marshes, planting in flooded areas (called recession agriculture) and aquaculture (fish farming) in large floodplains, as well as cropping of small seasonal wetlands. Wetlands also support agriculture indirectly, for example, by providing fertile soils and reliable supplies of good quality wetlands.

Unfortunately, we have not been as good to our wetlands as they have been to us. In many countries around the world, including South Africa, up to half of wetlands have been lost mainly because of bad agricultural practices. As populations grow and more people need to be fed, more wetlands are threatened.

This needs to be prevented. Not only are wetlands important habitats for a

range of plants and animals, they provide important functions to humans as well. Wetlands improve water quality, and regulate streamflow. They also house plants that are used for medicinal or cultural purposes. In addition, wetlands provide benefits to people through provision of grazing, direct water abstraction, and the production of fibre and animal protein. In many rural areas in South Africa, people make use of their local wetlands to grow traditional crops such as amadumbe to feed their families. For some people wetlands have spiritual or aesthetic value, while others use them for recreational purposes (think, for example, of South Africa's iconic tourist

### What is a wetland?

Wetlands are areas where standing water covers the soil or an area where the ground is very wet. Wetlands are not connected to the ocean, and can be found along the boundaries of streams, lakes, ponds or even in large shallow holes that fill up with rainwater. Known by many names, such as swamps, marshes, vleis, bogs, mires, fens or sponges, wetlands may stay wet all year long, or the water may evaporate during the dry season







iSimangaliso Wetland Park, which was the country's first World Heritage site).

There are many ways in which poorly managed agriculture can negatively impact wetlands. When wetlands are drained and converted to cropland many of their benefits are lost. Drained wetlands are less effective at regulating streamflow (which could lead to floods) and purifying water, because the drainage channels speed up the movement of water through the wetland. Drainage also increases the danger of erosion by concentrating water flow, and so increasing the erosive power of the water.

In many areas of South Africa wetlands are burnt to improve the grazing value for livestock by removing old dead material and for other reasons. This can also be harmful to wetlands, destroying many important plants and animals.

When dams are built for irrigation purposes this may increase river flows or water levels due to dam releases and changes the timing and pattern of river flows (i.e. where before the river was dry in winter there might now be water flow). This can damage the natural character of wetlands. Other impacts come from intensive agriculture, which often leads to increased loads of pollutants, such as pesticides, fertilisers, antibiotics and disinfectants. Not only do these affect the character of wetlands, they also have impacts on human health and the quality of drinking water supplied from wetlands.

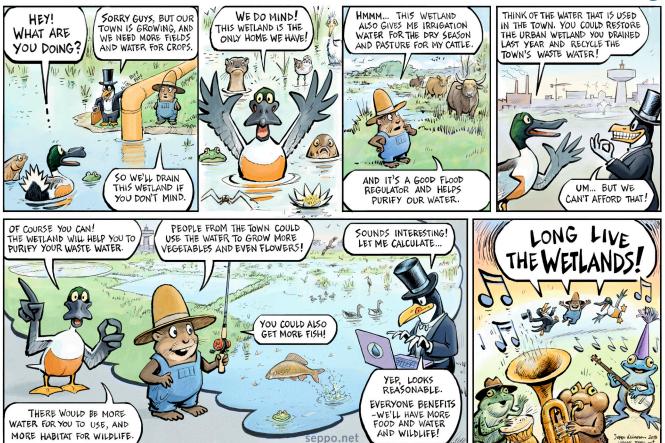
## What can you do to protect your wetlands?

- Keep lawns and driveways free of pet waste, fertilisers, and motor oil. These pollutants can wash into storm drains and eventually reach a wetland.
- Choose indigenous species when planting trees, shrubs and flowers to prevent alien invasive species from growing in wetlands.
- Use non-toxic products for household cleaning and lawn and garden care.
- If you grow tired of your exotic pet do not release it into the wild where it can harm local wildlife.
- Volunteer to help monitor or restore wetlands in your area.

There are many laws in South Africa that help protect wetlands. Communities must come together to protect and restore their wetlands. If we look after our wetlands they will keep looking after us.

www.ramsar.org

#### FOOD, WATER AND WETLANDS



ource: Ramsa