

# Faecal clostridia and indicator bacteria levels in an eutrophic impoundment

D P Sartory\*

Hydrological Research Institute, Department of Water Affairs, Private Bag X313, Pretoria 0001, South Africa.

## Abstract

Faecal clostridia, faecal coliforms and faecal streptococci numbers in Roodeplaat Dam and two inflowing rivers were monitored for eight months from January to August 1985. Faecal clostridia occurred at mid-dam sampling stations and inflowing waters in greater numbers than faecal streptococci, which occurred in greater numbers at mid-dam stations than faecal coliforms, emphasising the difference in environmental persistence of the three indicator groups. Of 135 faecal clostridia isolates 105 (78%) were confirmed as *C. perfringens*. The results indicate that faecal clostridia enumeration may be a useful method in the microbiological assessment of water quality.

## Introduction

*Clostridium perfringens* has, for many years, been advocated as an indicator of faecal contamination of water (Wilson and Blair, 1925; Bonde, 1966; Cabelli, 1977; Bisson and Cabelli, 1980; Sartory, 1986) as the organism possesses many attributes that make it suitable as a water quality indicator. *C. perfringens* is accepted to be of virtually exclusive faecal origin (Cabelli, 1977) and possesses spores that are extremely resistant to environmental stress and water treatment processes (Grabow *et al.*, 1978; Bisson and Cabelli, 1980). As the numbers of *C. perfringens* in effluents are generally greater than those of pathogenic bacteria and viruses (Burger *et al.*, 1984) the absence of *C. perfringens* may be a reliable indication of the absence of these organisms in raw water and waste-water treatment processes. One of the major drawbacks to the use of *C. perfringens*, however, has been the lack of a cheap and reliable medium and method of enumerating these obligate anaerobes.

Recent studies by Burger *et al.* (1984) and Sartory (1986) indicate that egg yolk-free tryptose-sulphite-cycloserine (TSC) agar is a cheap and efficient medium for the membrane filtration enumeration of *C. perfringens* and other sulphite reducing clostridia from water. All the isolates from both studies were sulphite reducing clostridia although the percentage contribution by *C. perfringens* was markedly different (24 to 26% in the Burger *et al.* (1984) study and 84 to 93% in the Sartory (1986) study.) The major isolate in the Burger *et al.* (1984) study was *C. ghoni* making up 60 to 66% of isolates. This species was not encountered in the Sartory (1986) study. Examining the data from the two studies Sartory (1986) pointed out that all the isolates were of predominantly faecal or urino-genital origin and so in their own right could act as indicators of faecal contamination. Sartory (1986) has suggested the employment of TSC agar and a simple confirmation procedure for the enumeration of faecal clostridia and *C. perfringens* in a manner analogous to that for faecal coliforms and *Escherichia coli*. The development of this concept, however, is dependent upon further media studies and more information on the occurrence and relative persistence of the various species of sulphite reducing clostridia of faecal origin in relation to other indicator bacteria.

This short paper presents data for an eight-month period (January – August, 1985) on the numbers of faecal clostridia, faecal coliforms and faecal streptococci recorded from Roodeplaat Dam, an eutrophic impoundment whose principal inflow, the Pienaars River, receives sewage effluent.

## Materials and methods

Samples were collected from five mid-dam stations and two inflowing rivers of Roodeplaat Dam (Fig. 1), an eutrophic impoundment 25 km north-east of Pretoria which is used for recreational purposes, as a source of irrigation water and as a potable water supply (Pieterse and Bruwer, 1980). The two rivers sampled were the Pienaars River (A2M27), the major contributor to the impoundment which receives substantial sewage from the Baviaanspoort sewage works (up to 25% of the inflow of the impoundment according to Pieterse and Bruwer, 1980) and the Hartbeesspruit (A2M28) which receives urban runoff.

Samples were collected in sterile 500 ml bottles, stored in cool-bags, and analysed within 3 h of collection. Faecal clostridia, faecal coliforms and faecal streptococci were enumerated by the membrane filtration technique using Gelman GN6 membrane filters (Gelman Instrument Co.). Faecal clostridia were enumerated on TSC agar (Oxoid Ltd., codes CM587 and SR88) (Sartory, 1986), the plates being incubated anaerobically for 20 to 24 h at 45°C. All black sulphite reducing colonies were counted as faecal clostridia. Colonies were picked off for confirmation as *C. perfringens* according to Sartory (1986). Faecal coliforms were enumerated on m-FC medium (Difco Laboratories) without rosolic acid (Sartory, 1980), the plates being incubated for 20 to 24 h at 44.5°C. All blue colonies were counted as faecal coliforms. Faecal streptococci were enumerated on m-Enterococcus agar (Oxoid Ltd., code CM377) (Slanetz and Bartley, 1957), the plates being incubated for 44 to 48 h at 35°C. All deep red colonies were recorded as faecal streptococci. Single determinations were made for each sample. One hundred millilitres of sample were filtered for each bacterial group, except for A2M27 and A2M28 where 100 ml, 10 ml and 1 ml (added to 9 ml quarter strength Ringers solution prior to filtration) aliquots were filtered per determinand.

## Results and discussion

The results of 15 samplings between January and August 1985 are

\*Present address: County Analyst Laboratory, County Public Analyst, Hampshire Scientific Service, Hyde Park Road, Portsmouth, PO 5 4LL, United Kingdom.

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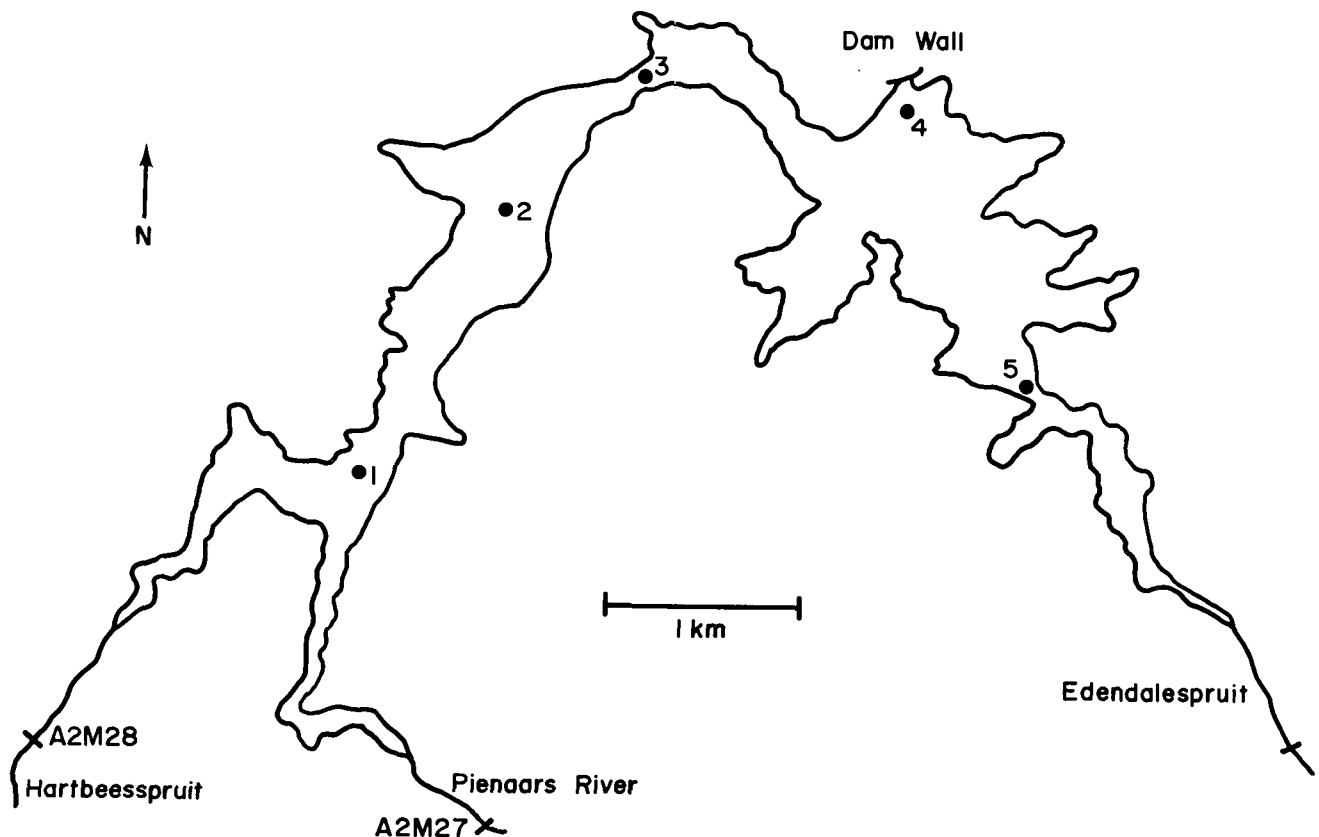


Figure 1  
Map of Roodeplaat Dam showing sampling stations (1 to 5, A2M27 and A2M28).

given in Table 1. The Pienaars River (A2M27), which receives sewage effluent, carried the greatest number of faecal indicator bacteria. The numbers of faecal clostridia (FCI) ranged from 1 020 to 5 700 colony forming units (cfu)  $100 \text{ m}^3$ , while faecal coliforms (FC) ranged from 460 to 2 800 cfu  $100 \text{ m}^3$  and faecal streptococci (FS) from 200 to 2 800 cfu  $100 \text{ m}^3$ . The numbers from the Hartbeesspruit (A2M28) are generally five to twenty-fold lower. There was, however, no consistency in the ratios of FC to FCI, ranging from 0,16 to 1,65 at A2M27 and 0,07 to 3,00 at A2M28. At A2M27 FCI outnumbered FC in 10 out of 14 samples while at A2M28 FCI outnumbered FC in 5 out of 9 samples.

At the mid-dam stations FCI were consistently isolated at all stations in greater numbers than FS, which were more frequently encountered and in greater numbers than FC. The stations in the arm of the impoundment receiving polluted waters (Stations 1, 2 and 3) recorded FCI on all thirteen samplings in numbers ranging from 1 to 150 cfu  $100 \text{ m}^3$  while FC were recorded on only 3 to 5 occasions with a maximum count of 16 cfu  $100 \text{ m}^3$ . Station 5 in the arm of the impoundment receiving unpolluted waters recorded FCI levels of 1 to 14 cfu  $100 \text{ m}^3$  on 11 occasions and FC counts only twice. One hundred and thirty-five isolates were picked off from plates from mid-dam stations for confirmation as *C. perfringens*. Of these, 105 (78%) were confirmed as *C. perfringens*, 22 (16%) were non-motile, nitrate-reducing, lactose-fermenting and gelatin liquefaction negative clostridia (*C. perenne*, *C. celatum*, *C. parapfringens* and *C. rectum*) and 8 (6%) were motile clostridia (non-nitrate-reducing, non-lactose-fermenting and gelatin liquefying).

In sewage samples FC generally occur in greater numbers than FS and FCI but at A2M27 on the Pienaars River, approximately 4,5 km downstream of the Bavianspoort sewage works, the numerical order was  $\text{FCI} > \text{FC} > \text{FS}$  while in the impoundment the order was further modified to  $\text{FCI} > \text{FS} > \text{FC}$ . These results demonstrate the relative environmental persistence of the three faecal indicator groups with FCI being considerably more persistent than FS which in turn are more persistent than FC. This extreme persistence of FCI has been cited as an argument against their use as recreational water quality indicators (Bisson and Cabelli, 1980) as they may persist in sediments and be resuspended. This does not seem to have occurred at Roodeplaat Dam, which is generally stratified during January to April and destratified during May to August when resuspension could occur. There was no obvious change in FCI levels during the eight months of this study. The situation in shallower bathing areas, however, would be different. Further studies would also need to be done to assess the relative persistence of FCI against pathogenic bacteria and, particularly, enteroviruses and helminth eggs in situations like those at Roodeplaat Dam. FCI certainly act as good indicators of the extent to which faecal contamination can have an impact. The FCI counts from Station 5 may possibly reflect the extent of agricultural runoff pollution that reaches the impoundment via the Edendalespruit.

In these studies 78% of the isolates were confirmed as *C. perfringens* while only 6% were motile clostridia. The contrasts with the egg yolk-free TSC isolates of Burger *et al.* (1984) from Windhoek maturation pond effluent where 70% of the isolates

TABLE 1  
FAECAL CLOSTRIDIA (FCL), FAECAL COLIFORM (FC) AND FAECAL STREPTOCOCCI (FS) NUMBERS IN ROODEPLAAT DAM (STATIONS 1 TO 5) AND THE PIENAARS RIVER (A2M27) AND HARTBEESSPRUIT (A2M28), JANUARY TO AUGUST 1985. COUNTS IN COLONY FORMING UNITS (CFU) 100 ml<sup>-1</sup>.

Sampling date	A2M27			A2M28			Station 1			Station 2			Station 3			Station 4			Station 5		
	FCL	FC	FS	FCL	FC	FS	FCL	FC	FS	FCL	FC	FS	FCL	FC	FS	FCL	FC	FS	FCL	FC	FS
17/01							70	0	14	50	0	50	12	0	7	3	3	10	3	0	21
30/01	1 500	500	100				16	0	5	55	0	36	13	0	11	5	2	1	2	0	3
13/02	2 800	460	1 700	180	40	1 100	17	3	2	26	2	53	8	0	3	9	1	0	9	0	6
27/02	1 900	1 400	2 800	85	130	1 800	150	3	8	25	0	47	50	2	7	0	1	1	0	0	3
12/03	1 700	680	1 500	700	50	1 500															
27/03	2 000	2 000	1 040	300	850	500															
24/04	3 100	2 300	300				36	0	3	44	0	19	28	0	2	14	0	0	1	1	2
08/05	1 700	2 800	600	100	70	125	26	0	0	27	0	3	50	16	0	7	0	0	8	0	1
22/05	2 000	2 000	200	600	41	130	11	0	2	10	0	1	50	0	0	25	0	0	2	0	0
05/06	5 700	2 300	400				120	0	2	50	0	4	50	0	4	11	0	0	10	0	0
19/06	2 300	660	580				46	2	7	80	1	5	37	1	6	22	0	1	14	0	7
03/07	2 200	1 830	1 400				90	1	0	19	0	2	40	0	5	13	0	1	4	0	0
17/07	1 800	820	410	70	117	30	12	0	0	20	0	0	11	0	0	2	0	0	11	0	0
31/07	1 450	600	210	90	80	80	9	1	1	3	1	1	8	1	2	8	2	0	3	2	0
14/08	1 020	1 360	300	20	60	23	1	0	0	2	0	0	1	0	0	0	0	0	0	0	0

were motile clostridia (66% *C. ghoni*, 2% *C. sphenoides* and 2% *C. novyi*). These data may reflect a difference in the environmental persistence between motile and non-motile species of faecal clostridia, an aspect which may prove useful in assessing the age of, or remoteness from, the source of pollution.

The data presented here, indicate that faecal clostridia and *C. perfringens* could prove to be more useful tools in the microbiological assessment of water quality than has been accepted in the past.

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